

### SCHEDULE OF EVENTS

<i>Day</i>	<i>Time</i>	<i>Event</i>	<i>Location</i>
Monday	8:30-8:55am	Check-In	Field #1
	9:00-9:10am	Dynamic Warm-up	Field #1
	9:15-9:35am	Field Session #1	Field #1
	9:40-10:05am	Field Session #2	Field #1
	10:10-10:20am	Break	Field #1
	10:25-10:40am	Field Session #3	Field #1
	10:45-11:00am	Field Session #4	Field #1
	11:05-11:20am	Daily Challenge	Field #1
	11:25-11:45am	Matches	Field #1
	11:50-11:55am	Cool Down/Day Review	Field #1
	12:00pm	Check-Out	Field #1

### CAMPERS DAILY CHECK LIST

- ✓ **BAG:** Bring a bag to hold and carry all your belongings.
- ✓ **CLOTHES:** Be prepared for any type of weather. If you're not sure, ask your coach what is suggested. Be sure to label personal items.
- ✓ **SHOES:** Soccer cleats are recommended, flat-soled soccer shoes or sneakers are also acceptable
- ✓ **SHIN GUARDS:** All campers must wear shin guards for every session.
- ✓ **WATER BOTTLE or JUG:** We do not provide water bottles and do not recommend sharing water bottles or jugs with other campers. Please bring your own and have your name on it. There will be water coolers at the fields to refill your water bottles
- ✓ **SOCCER BALL:** Please bring to each session. Extra soccer balls are provided on-site
- ✓ **SUN SCREEN:** It will be hot and sunny so we recommend every camper bring and wear sunscreen for each session.

### *Join us for a new theme each day!*

**Monday: Player ID-** introduce yourself to the crew & meet your fellow campers!

**Tuesday: Jersey Day-** show off your favorite soccer jersey!

**Wednesday: Skills Challenge-** stand out from the rest in this test of the best!

**Thursday: Sock Day-** run through our drills sporting your craziest socks!

**Friday: Talent Show-** hidden talents will be on display!

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